

[PDF] Girl Hunter: Revolutionizing The Way We Eat, One Hunt At A Time

Georgia Pellegrini - pdf download free book



Books Details:

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Author: Georgia Pellegrini

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Description:

: Through geographically and gastronomically diverse essays, professional chef Georgia Pellegrini gives a voice to something that's been missing in the discussion of where our food comes from: meat. Faced with a freshly killed turkey and her personal decision to either become vegan or head to the source, Pellegrini picks up a shotgun and learns to hunt her own food. She introduces readers to her teachers and locals around the country who share hunting and cooking tips and impresses upon

readers her determination to develop tasty recipes for even the most challenging game, like javelina, with as little waste as possible. More than just a collection of essays or recipes, *Girl Hunter* is an important addition to the conversation about how we eat and how we live. --JoVon Sotak --This text refers to an out of print or unavailable edition of this title.

Review

***Publishers Weekly*, 6/27/11**

"*The Omnivore's Dilemma* meets *The Pioneer Woman Cooks*: a provocative book that pushes the boundaries of the foodie revolution and considers why, how, and what we eat."

Ree Drummond, bestselling author of *The Pioneer Woman Cooks*, thepioneerwoman.com

"Georgia Pellegrini is a force: strong, articulate, beautiful . . . and she can hunt pheasant like no one's business. Having gotten to know Georgia in real life, I was already excited to read *Girl Hunter* . . . but what I didn't expect was that it would grab me by the arm and draw me in for days and days. I found myself nestling into my sofa to read each chapter, craving things like elk jerky and curried pigeon as I turned the pages. Georgia's irresistibly descriptive chronicling of her year of hunting, along with the unbelievably delicious, almost otherworldly, recipes she shares, sealed this book's permanent spot on my shelf. It is a timeless culinary classic."

Molly O'Neill, author of *One Big Table: A Portrait of American Cooking*

"As the national conversation about food shifted from taste to theory and politics, Georgia Pellegrini got real. She packed her bags, learned to shoot, and went face-to-face with our food supply. Lyrically told with unflinching humor, this is a rare account of the gut-level reality of being an omnivore. Read it and Eat."

Steven Rinella, author of *The Scavenger's Guide to Haute Cuisine* and *American Buffalo: In Search of a Lost Icon*

"Within these pages, Georgia Pellegrini turns the common stereotype of a hunter inside out. Her examination of food, hunting, and personal history reveals a lifestyle that is stylish, contemporary, exciting, and on the cutting edge of American culture. Anyone who's undecided about hunting should listen to this woman. Anyone who loves hunting should listen even more."

Shauna James Ahern, author of *Gluten-Free Girl* and *Gluten-Free Girl and the Chef*

"Georgia Pellegrini did what I thought no one could do: keep me interested in reading more and more about hunting. Her open, curious nature, and the way she makes sentences sing through storms and funny moments, kept me reading *Girl Hunter* until late in the night. This is quite the book."

***Kirkus Reviews*, 11/15/11**

"A bubbly combination hunting memoir and how-to guide, with some stellar recipes... [H]er enthusiastic stories are original and will appeal to chefs and foodies, especially women, who are interested in tracking their food all the way to the table."

***Publishers Weekly* starred review, November 21, 2011**

"Many cookbook authors claim to provide start-to-finish instructions, but rare is the collection that prefaces each recipe with the story of the hunt that brought down its main ingredient. Here, before there is poached dove and pears in brandy sauce, there is a field of men in camouflage. Before there is sweet porchetta sausage, there is a bone-handled knife in a boar's midsection. Pellegrini, despite what the cover photo implies, is not your everyday Western gal with a frying pan in one hand and a rifle in the other. Her Hudson Valley childhood, Wellesley education, brief career on Wall Street, and

her cooking skills (honed at New York's French Culinary Institute), all inform her writing to create prose that falls somewhere between the culinary outdoorsiness of Jim Harrison and the urban insight of Candace Bushnell. Traveling through Louisiana, Texas, and Arkansas, hunting turkey, duck, and hog, she explores the thrill of the chase ("I listen to the cartridge slip into the chamber, and walk sideways into the tall, cream grass") and reflects on its denouement ("the casual way in which nature treats life and death"). And she is equally keen in observing the series of male companions who serve as hosts and guides for her outings. These range from a friendly lawyer who escorts her through a Louisiana Bayou to a scary poacher with an uncomfortable perspective on steak in Wyoming's cattle country."

Gail Simmons, host of *Top Chef: Just Desserts*

"In *Girl Hunter*, Georgia Pellegrini goes where few women have dared - through swamps and forests, fields and streams, all in the name of a soul-satisfying meal. Her book captures perfectly not just the thrill of hunting and foraging for your own dinner, but also the very personal and profound impact of these unique experiences. She compliments her stories with mouth-watering recipes and food descriptions that will inspire you to befriend your local butcher and look at game in a whole new way. Reading each of Georgia's wild adventures made me want to pull on my Wellies and join her, rifle and skillet in hand."

Aarti Sequiera, host of *Food Network's Aarti Party*

"I never thought of hunting as the next inevitable step in the farm to table movement. Nor did I think of hunting as poetry in motion. Thanks to Georgia's eloquent little book, chock a block with equal parts respect and chutzpah, I have a whole new appreciation for hunting. Heck, I might even try it myself!"

***Publishers Weekly*, 11/21/11**

"[Pellegrini's prose] falls somewhere between the culinary outdoorsiness of Jim Harrison and the urban insight of Candace Bushnell."

***Flavorwire.com*, 12/1/11**

"if she can get her hands this dirty, and with such humor and charm, we kind of want to too."

***Minneapolis St. Paul Magazine "Bizarre Foods" host Andrew Zimmern's* 12/19/11**

"I obviously have a huge food crush on *Girl Hunter* Georgia Pellegrini...and her book cover is my favorite of the year."

***Minneapolis Star Tribune*, 1/15/12**

"The author's true love of food and cooking enhances this memoir, which examines hunting as a means to become a more conscientious chef and eater."

***Santa Fe New Mexican*, 12/30/11**

"The recipes scattered about the book are as provocative and inspiring as her tales of back woods adventure and sustainable eating."

Max Watman, *The Wall Street Journal*, December 24, 2011

"Ms. Pellegrini takes the conversation on sourcing our food beyond the farmers market, beyond the local-pastured, organic meat of even the most specialized butcher's shop. She's gone into the fields for herself and echoes José Ortega y Gasset's philosophical defense of hunting—that there is something worthwhile in the wild, something we need, and that our modern lives don't scratch the itch, they only disguise it."

Wall Street Journal, 12/24/11

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Go Magazine, February 2012

"With a poet's eye toward a conscious dinner, Pellegrini takes her readers on a search, not just for wild game but for what she calls a 'primal part' of one's being. I couldn't stop reading as Pellegrini dug into this foray with gusto and blood, which gives her book an occasional *Lord of the Flies* feel that's usually abutted by thoughts so beautiful that you want to weep."

MacLean's, 2/1

"*Girl Hunter* is an evocative account of Pellegrini's gun-to-table experiences...It's an unlikely pairing of Nigella Lawson's culinary skills and Hemingway's grit."

Bitch, April 2012

"*Girl Hunter* reads a bit as though Eudora Welty wrote a cookbook. With a rich, descriptive drawl, a journalist's attention to detail, and a novelist's bank of synonyms, Georgia Pellegrini can turn a dinner party, an afternoon in a deer blond, or an evening in the kitchen into a scene so rich and heady you can smell the cigar smoke and hear the twigs cracking...This memoir of a girl and her guns is, at its heart, about the responsibility of omnivores to see themselves as part of a food chain, not merely as individuals in line at the supermarket."

Jimmy Kimmel

"If Wolfgang Puck and Sarah Palin had a baby this is the book he would write."

Booklist Top Ten Sports Books of 2012, September 2012

"Foodie blogger Pellegrini has crafted a memoir rich both in her hunting experiences and ruminations on what it means to kill what you eat. Without romanticizing, she digs deep into a level of Americana that few have captured on the page."

New York Times, 10/2/12

"[Pellegrini's] book has a Carrie Bradshaw meets Annie Oakley vibe...She's an exotic meats tourist."

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